

## Engaging the Enneagram as Wisdom Practice

Re-scheduled and coming soon!

March 5-7, 2021

## Jeanine Siler Jones in collaboration with the Rock Point Wisdom Community

Know your conditioning so your heart can be a more faithful instrument.

~Cynthia Bourgeault

## Friday March 5 through Sunday morning March 7 Reconfiguration of an in-person retreat to a Zoom conference retreat

Join us! For a practical engagement of the Wisdom lineage through the lens of the Enneagram. How can this map illuminate our habitual patterns so that we might soften our identification? How might it guide us in tracking all three centers of knowing so that we bring more of ourselves into Presence? How might we surrender more fully our attachments and habits as we shift the quality of our attention?

As we explore the potential of a more authentic and immediate relationship with life and the Divine, we will follow a modified Wisdom School rhythm with meditation, chant, Lectio Divina, movement and mindful work—with spacious breaks from computer screens! Engaging somatic and attention practices and the Wisdom roots of the Enneagram, we will track what jams the signals around our hearts. Together we will work physically with Enneagram and let this ancient symbol teach us.

**For questions and to register** please contact Craig: 802-777-9239 or <a href="mailto:csmith@diovermont.org">csmith@diovermont.org</a>. **Cost:** \$150, limited scholarships available. More about Rock Point: <a href="https://www.rockpointvt.org">www.rockpointvt.org</a>.

Jeanine Siler Jones, LCSW, is a therapist at www.silerjonescounseling.com in Asheville, North Carolina. An Enneagram teacher for 15 years and primary igniter of Wisdom School Southeast in the lineage of Cynthia Bourgeault, Jeanine has a Certificate in Theology (Southern Baptist Theological Seminary) and is trained as a Wisdom infused Spiritual Director (Moravian Theological Seminary).

Read more about Jeanine in Growing! Seedlings at northeastwisdom.org.